

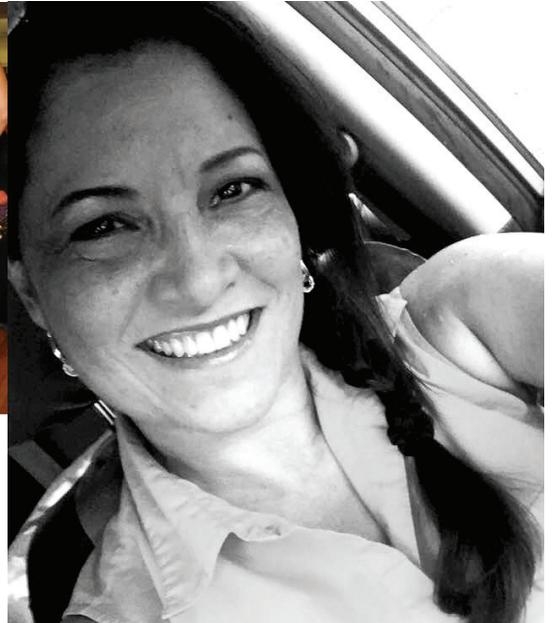
# Yvonne Boots

Good vibrations

**Occupation:** Medical receptionist

**Lives in:** Orlando, Florida

**Fun facts:** Zumba and Total Sculpt instructor by night; multitasking wife and mom to two kids and performs in two bands on the weekends; started diabetes support groups



## About Yvonne

*Yvonne manages some pretty deft footwork these days. She balances her day job at an endocrinology office in Orlando and her night gig as a Zumba and Total Sculpt instructor. On weekends, you'll find her on stage singing and playing in her classic rock AND acoustic bands.*

*That takes a lot of energy and planning. For someone who was first diagnosed with type 1 diabetes at age 11, learning how to switch gears comes naturally for Yvonne.*

*A few years ago when she was introduced to continuous glucose monitoring, the pump was faulty and often inaccurate. She had to switch it out every six to seven days; it wouldn't adhere, and it fell off frequently. To Yvonne, it just wasn't worth it. "I just couldn't use it anymore. It was more of a hassle. I'd rather just test my blood sugar every few hours."*



**On Eversense:** She had renewed hopes with Eversense. "This is the most accurate measure of my blood sugar that I've ever seen."

The vibrations are what Yvonne really appreciates. "It vibrates to give me an alert when my blood sugar is trending too high or too low. I can evaluate what I'm doing at that moment to decide if I should go ahead and stop. Or if I'm okay, I can keep going. And it's not an alert that everyone can hear."

Yvonne works with diabetics every single day. "Every day I'm reminded of what would happen if I don't take care of myself. So I try to take care of myself, exercise every day, and eat well. And Eversense makes it really easy."

**"I have seen CGMs come and go but, nothing excites me more than Eversense."**